

2° EDIZIONE

SARDINIA FINSWIMMING

DOMENICA 16 APRILE 2023



Piscina Olimpionica G.Sicbaldi
Via Roberto Pisano, 09134 Cagliari CA

The logo for A.S.D. WATERLIFE, featuring a stylized swimmer icon above the text "A.S.D. WATERLIFE".

A.S.D.
WATERLIFE

2° SARDINIA FINSWIMMING

16 APRILE



Elenco Società				
	Società	atlet	a. gara	staff.
1	A.S.D. WATER LIFE S.C. CAGLIARI	33	80	4
2	ASD CLUB SUB CAGLIARI	2	4	
3	POL AIR SUB APNEA COMPETITION CAGLIARI	16	23	

Mt 50 PINNE

NUM	ATLETA	ANNO	M/F	CAT	SOCIETA'	DIST	T.ISCRIZ	T.GARA
1	MEDDA SARA	2015	F	ES B1	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	1'00"00	49"05
1	PADERI LEONARDO	2015	M	ES B1	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	1'00"00	51"34
1	SERPI MIA AURORA	2013	F	ES A1	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	35"00	34"70
2	MULAS MARTA	2013	F	ES A1	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	37"00	37"05
3	SANNA CHIARA	2013	F	ES A1	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	1'00"00	53"03
1	PORCU MATTIA	2013	M	ES A1	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	1'00"00	52"69
	MARRAS LORENZO	2013	M	ES A1	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	1'00"00	assente
1	PIRAS EMMANUELE	2012	M	ES A2	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	48"00	37"63
2	LOI MATTIA	2012	M	ES A2	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	55"00	40"15
1	ENA ELEONORA	2010	F	1 ^ CAT	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	33"00	32"44
2	SPANO ELISABETTA	2011	F	1 ^ CAT	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	30"00	33"61
3	LASALA ELENA	2011	F	1 ^ CAT	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	36"00	35"04
4	BROTZU VIOLANTE	2010	F	1 ^ CAT	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	50"00	35"55

1	PUDDU MARTA	2008	F	2 ^ CAT	POL AIR SUB APNEA COMPETITION CAGLIARI	50 PINNE	30"00	35"05
1	MEDDA MATTEO	2010	M	1 ^ CAT	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	29"00	28"03
2	SCANO TOMMASO	2010	M	1 ^ CAT	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	29"00	28"17
3	SANNA FRANCESCO	2010	M	1 ^ CAT	POL AIR SUB APNEA COMPETITION CAGLIARI	50 PINNE	30"00	29"83
4	TROGU MATTEO	2010	M	1 ^ CAT	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	34"00	31"37
5	ARESTI LORENZO	2010	M	1 ^ CAT	POL AIR SUB APNEA COMPETITION CAGLIARI	50 PINNE	35"00	35"21
6	SALIS MATTIA	2010	M	1 ^ CAT	POL AIR SUB APNEA COMPETITION CAGLIARI	50 PINNE	34"00	38"80
1	MURRU SIMONE	2007	M	ASS	ASD CLUB SUB CAGLIARI	50 PINNE	24"90	23"66
2	FARET MICHELE	2006	M	ASS	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	24"62	24"50
3	FANG JUN YI	2008	M	ASS	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	24"50	24"64
1	GRANARA MARTA	1999	F	M20	POL AIR SUB APNEA COMPETITION CAGLIARI	50 PINNE	30"00	29"67
1	PIANA ANTONIO LUIGI	1995	M	M25	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	26"31	25"90
1	DE GIORGI VINCENZO	1989	M	M30	POL AIR SUB APNEA COMPETITION CAGLIARI	50 PINNE	28"00	28"23
1	SECCI MARCO	1984	M	M35	POL AIR SUB APNEA COMPETITION CAGLIARI	50 PINNE	26"00	26"20
1	IESU ANGELO	1983	M	M40	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	27"00	27"71
2	FIGUS CHRISTIAN	1981	M	M40	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	29"20	28"26
	MATTA ANDREA	1981	M	M40	POL AIR SUB APNEA COMPETITION CAGLIARI	50 PINNE	27"00	assente
1	CURRELI GABRIELLA	1980	F	M40	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	30"35	30"10
1	LOBINA JENNIFER	1974	F	M45	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	28"22	28"03
2	PIRODDU MARIA TERESA	1977	F	M45	POL AIR SUB APNEA COMPETITION CAGLIARI	50 PINNE	30"00	29"69
1	REFORGIATO RECUPERO DIEGO	1978	M	M45	POL AIR SUB APNEA COMPETITION CAGLIARI	50 PINNE	28"00	24"81
1	GRONDONA ANTONGIULIO	1972	M	M50	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	24"46	24"08
2	SANNA ANDREA	1969	M	M50	POL AIR SUB APNEA COMPETITION CAGLIARI	50 PINNE	25"00	24"32
1	FRAU GIANLUCA	1967	M	M55	POL AIR SUB APNEA COMPETITION CAGLIARI	50 PINNE	25"00	26"17
2	CASALE DANILO	1964	M	M55	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	40"00	30"73
1	CAMBARAU BEATRICE	1961	F	M60	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	36"98	36"44

1	BARGONE LUIGI	1963	M	M60	POL AIR SUB APNEA COMPETITION CAGLIARI	50 PINNE	28"00	26"83
2	CANNAS FILIBERTO	1960	M	M60	A.S.D. WATER LIFE S.C. CAGLIARI	50 PINNE	40"00	33"75

Mt 50 MONOPINNA

NUM	ATLETA	ANNO	M/F	CAT	SOCIETA'	DIST	T.ISCRIZ	T.GARA
1	SERPI MIA AURORA	2013	F	ES A1	A.S.D. WATER LIFE S.C. CAGLIARI	50 MONO	38"00	33"11
2	MULAS MARTA	2013	F	ES A1	A.S.D. WATER LIFE S.C. CAGLIARI	50 MONO	45"00	46"13
1	ENA ELEONORA	2010	F	1 ^ CAT	A.S.D. WATER LIFE S.C. CAGLIARI	50 MONO	34"00	33"36
2	SPANO ELISABETTA	2011	F	1 ^ CAT	A.S.D. WATER LIFE S.C. CAGLIARI	50 MONO	36"00	33"65
1	SCANO TOMMASO	2010	M	1 ^ CAT	A.S.D. WATER LIFE S.C. CAGLIARI	50 MONO	35"00	30"46
2	MEDDA MATTEO	2010	M	1 ^ CAT	A.S.D. WATER LIFE S.C. CAGLIARI	50 MONO	35"00	31"20
3	TROGU MATTEO	2010	M	1 ^ CAT	A.S.D. WATER LIFE S.C. CAGLIARI	50 MONO	36"00	35"46
1	SPANO MARTA	2008	F	ASS	A.S.D. WATER LIFE S.C. CAGLIARI	50 MONO	22"00	22"44
2	MELIS AURORA	2008	F	ASS	A.S.D. WATER LIFE S.C. CAGLIARI	50 MONO	25"00	24"99
1	PALLA ALESSANDRO	1976	M	M45	POL AIR SUB APNEA COMPETITION CAGLIARI	50 MONO	22"00	23"53
1	PINARELLO ROSSANA	1971	F	M50	POL AIR SUB APNEA COMPETITION CAGLIARI	50 MONO	27"00	30"52
	DENOTTI ALBA	1969	F	M50	A.S.D. WATER LIFE S.C. CAGLIARI	50 MONO	33"18	assente

Mt 200 PINNE

NUM	ATLETA	ANNO	M/F	CAT	SOCIETA'	DIST	T.ISCRIZ	T.GARA
1	PALMAS LORENZO	2009	M	2^ CAT	ASD CLUB SUB CAGLIARI	200 PINNE	2'15"00	2'05"62
1	MELIS AURORA	2008	F	ASS	A.S.D. WATER LIFE S.C. CAGLIARI	200 PINNE	1'59"00	2'03"80
2	GRISSINO MIRIAM	2008	F	ASS	A.S.D. WATER LIFE S.C. CAGLIARI	200 PINNE	2'08"00	2'14"46
1	FANG JUN YI	2008	M	ASS	A.S.D. WATER LIFE S.C. CAGLIARI	200 PINNE	2'05"00	2'06"17
2	GIRAU FRANCESCO GIOVANNI	2008	M	ASS	A.S.D. WATER LIFE S.C. CAGLIARI	200 PINNE	2'02"00	2'07"70
3	FARET MICHELE	2006	M	ASS	A.S.D. WATER LIFE S.C. CAGLIARI	200 PINNE	2'05"00	2'08"71

1	PIANA ANTONIO LUIGI	1995	M	M25	A.S.D. WATER LIFE S.C. CAGLIARI	200 PINNE	2'22"44	2'17"70
1	CURRELI GABRIELLA	1980	F	M40	A.S.D. WATER LIFE S.C. CAGLIARI	200 PINNE	2'30"00	2'32"24
1	IESU ANGELO	1983	M	M40	A.S.D. WATER LIFE S.C. CAGLIARI	200 PINNE	2'20"00	2'22"81
	FIGUS CHRISTIAN	1981	M	M40	A.S.D. WATER LIFE S.C. CAGLIARI	200 PINNE	2'25"00	assente
1	PIRODDU MARIA TERESA	1977	F	M45	POL AIR SUB APNEA COMPETITION CAGLIARI	200 PINNE	2'25"00	2'24"15
1	PALLA ALESSANDRO	1976	M	M45	POL AIR SUB APNEA COMPETITION CAGLIARI	200 PINNE	1'58"00	2'00"84
1	CAMBARAU BEATRICE	1961	F	M60	A.S.D. WATER LIFE S.C. CAGLIARI	200 PINNE	3'15"00	3'05"92

Mt 200 MONOPINNA

NUM	ATLETA	ANNO	M/F	CAT	SOCIETA'	DIST	T.ISCRIZ	T.GARA
1	SPANO MARTA	2008	F	ASS	A.S.D. WATER LIFE S.C. CAGLIARI	200 MONO	1'59"00	2'00"21
2	CARTA SOFIA	2008	F	ASS	A.S.D. WATER LIFE S.C. CAGLIARI	200 MONO	1'59"00	2'03"53
1	PALLA DANIELE	1976	M	M45	POL AIR SUB APNEA COMPETITION CAGLIARI	200 MONO	1'48"00	2'01"70

Mt 400 PINNE

NUM	ATLETA	ANNO	M/F	CAT	SOCIETA'	DIST	T.ISCRIZ	T.GARA
1	PALMAS LORENZO	2009	M	2^ CAT	ASD CLUB SUB CAGLIARI	400 PINNE	4'42"00	4'28"93
1	MELIS AURORA	2008	F	ASS	A.S.D. WATER LIFE S.C. CAGLIARI	400 PINNE	4'17"00	4'29"17
2	GRISSINO MIRIAM	2008	F	ASS	A.S.D. WATER LIFE S.C. CAGLIARI	400 PINNE	4'30"00	4'48"08
1	GIRAU FRANCESCO GIOVANNI	2008	M	ASS	A.S.D. WATER LIFE S.C. CAGLIARI	400 PINNE	4'20"00	4'32"08
1	SANNA ANDREA	1969	M	M50	POL AIR SUB APNEA COMPETITION CAGLIARI	400 PINNE	4'24"00	4'25"47
	DENOTTI ALBA	1969	F	M50	A.S.D. WATER LIFE S.C. CAGLIARI	400 PINNE	4'47"97	assente

Mt 400 MONOPINNA

NUM	ATLETA	ANNO	M/F	CAT	SOCIETA'	DIST	T.ISCRIZ	T.GARA
1	CARTA SOFIA	2008	F	ASS	A.S.D. WATER LIFE S.C. CAGLIARI	400 MONO	4'08"00	4'16"87

1	PALLA DANIELE	1976	M	M45	POL AIR SUB APNEA COMPETITION CAGLIARI	400 MONO	4'10"00	4'26"74
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Mt 100 PINNE

NUM	ATLETA	ANNO	M/F	CAT	SOCIETA'	DIST	T.ISCRIZ	T.GARA
1	SERPI MIA AURORA	2013	F	ES A1	A.S.D. WATER LIFE S.C. CAGLIARI	100 PINNE	1'23"00	1'29"22
2	MULAS MARTA	2013	F	ES A1	A.S.D. WATER LIFE S.C. CAGLIARI	100 PINNE	1'22"00	1'30"87
1	PIRAS EMMANUELE	2012	M	ES A2	A.S.D. WATER LIFE S.C. CAGLIARI	100 PINNE	1'25"00	1'31"45
1	SPANO ELISABETTA	2011	F	1 ^ CAT	A.S.D. WATER LIFE S.C. CAGLIARI	100 PINNE	1'16"00	1'13"47
2	ENA ELEONORA	2010	F	1 ^ CAT	A.S.D. WATER LIFE S.C. CAGLIARI	100 PINNE	1'16"00	1'15"10
3	LASALA ELENA	2011	F	1 ^ CAT	A.S.D. WATER LIFE S.C. CAGLIARI	100 PINNE	1'20"00	1'16"66
4	BROTZU VIOLANTE	2010	F	1 ^ CAT	A.S.D. WATER LIFE S.C. CAGLIARI	100 PINNE	1'30"00	1'25"70
1	MEDDA MATTEO	2010	M	1 ^ CAT	A.S.D. WATER LIFE S.C. CAGLIARI	100 PINNE	1'07"00	1'05"70
2	SCANO TOMMASO	2010	M	1 ^ CAT	A.S.D. WATER LIFE S.C. CAGLIARI	100 PINNE	1'07"00	1'06"91
3	TROGU MATTEO	2010	M	1 ^ CAT	A.S.D. WATER LIFE S.C. CAGLIARI	100 PINNE	1'14"00	1'16"39
1	CARTA SOFIA	2008	F	ASS	A.S.D. WATER LIFE S.C. CAGLIARI	100 PINNE	55"50	56"80
1	MURRU SIMONE	2007	M	ASS	ASD CLUB SUB CAGLIARI	100 PINNE	55"39	53"72
2	FARET MICHELE	2006	M	ASS	A.S.D. WATER LIFE S.C. CAGLIARI	100 PINNE	54"04	53"76
3	FANG JUN YI	2008	M	ASS	A.S.D. WATER LIFE S.C. CAGLIARI	100 PINNE	54"50	55"27
4	GIRAU FRANCESCO GIOVANNI	2008	M	ASS	A.S.D. WATER LIFE S.C. CAGLIARI	100 PINNE	58"50	58"56
1	PIANA ANTONIO LUIGI	1995	M	M25	A.S.D. WATER LIFE S.C. CAGLIARI	100 PINNE	1'08"04	56"66
1	CURRELI GABRIELLA	1980	F	M40	A.S.D. WATER LIFE S.C. CAGLIARI	100 PINNE	1'07"06	1'06"30
1	IESU ANGELO	1983	M	M40	A.S.D. WATER LIFE S.C. CAGLIARI	100 PINNE	1'03"00	1'01"04
2	FIGUS CHRISTIAN	1981	M	M40	A.S.D. WATER LIFE S.C. CAGLIARI	100 PINNE	1'06"46	1'05"48
1	LOBINA JENNIFER	1974	F	M45	A.S.D. WATER LIFE S.C. CAGLIARI	100 PINNE	1'04"27	1'03"49
1	PALLA ALESSANDRO	1976	M	M45	POL AIR SUB APNEA COMPETITION CAGLIARI	100 PINNE	53"00	52"93
2	REFORGIATO RECUPERO DIEGO	1978	M	M45	POL AIR SUB APNEA COMPETITION CAGLIARI	100 PINNE	59"00	56"24

1	GRONDONA ANTONGIULIO	1972	M	M50	A.S.D. WATER LIFE S.C. CAGLIARI	100 PINNE	53"12	53"66
1	CASALE DANILO	1964	M	M55	A.S.D. WATER LIFE S.C. CAGLIARI	100 PINNE	1'20"00	1'11"58
1	CAMBARAU BEATRICE	1961	F	M60	A.S.D. WATER LIFE S.C. CAGLIARI	100 PINNE	1'19"15	1'18"38
1	CANNAS FILIBERTO	1960	M	M60	A.S.D. WATER LIFE S.C. CAGLIARI	100 PINNE	1'25"00	1'19"45

Mt 100 MONOPINNA

NUM	ATLETA	ANNO	M/F	CAT	SOCIETA'	DIST	T.ISCRIZ	T.GARA
1	SPANO MARTA	2008	F	ASS	A.S.D. WATER LIFE S.C. CAGLIARI	100 MONO	51"00	52"77
2	GRISSINO MIRIAM	2008	F	ASS	A.S.D. WATER LIFE S.C. CAGLIARI	100 MONO	58"00	58"24
	DENOTTI ALBA	1969	F	M50	A.S.D. WATER LIFE S.C. CAGLIARI	100 MONO	1'12"00	assente
1	PALLA DANIELE	1976	M	M45	POL AIR SUB APNEA COMPETITION CAGLIARI	100 MONO	55"00	56"18

STAFFETTA 4X50 MISTA 2 M+2 F

NUM	ATLETA	ANNO	M/F	CAT	SOCIETA'	DIST	T.ISCRIZ	T.GARA
1	LOI MATTIA	2012	M	ES A2	A.S.D. WATER LIFE S.C. CAGLIARI	4x50 MISTA 2 M+2F	S.T.	2'01"92
	MULAS MARTA	2013	F	ES A1	A.S.D. WATER LIFE S.C. CAGLIARI			
	PIRAS EMMANUELE	2012	M	ES A2	A.S.D. WATER LIFE S.C. CAGLIARI			
	SERPI MIA AURORA	2013	F	ES A1	A.S.D. WATER LIFE S.C. CAGLIARI			
1	FANG JUN YI	2008	M	ASS	A.S.D. WATER LIFE S.C. CAGLIARI	4x50 MISTA 2 M+2F	S.T.	1'39"08
	CARTA SOFIA	2008	F	ASS	A.S.D. WATER LIFE S.C. CAGLIARI			
	SCANO TOMMASO	2010	M	ASS	A.S.D. WATER LIFE S.C. CAGLIARI			
	SPANO MARTA	2008	F	ASS	A.S.D. WATER LIFE S.C. CAGLIARI			
2	FARET MICHELE	2006	M	ASS	A.S.D. WATER LIFE S.C. CAGLIARI	4x50 MISTA 2 M+2F	S.T.	1'41"93
	GRISSINO MIRIAM	2008	F	ASS	A.S.D. WATER LIFE S.C. CAGLIARI			
	GIRAU FRANCESCO GIOVANNI	2008	M	ASS	A.S.D. WATER LIFE S.C. CAGLIARI			
	MELIS AURORA	2008	F	ASS	A.S.D. WATER LIFE S.C. CAGLIARI			
3	TROGU MATTEO	2010	M	ASS	A.S.D. WATER LIFE S.C. CAGLIARI	4x50 MISTA 2 M+2F	S.T.	2'08"16
	SPANO ELISABETTA	2011	F	ASS	A.S.D. WATER LIFE S.C. CAGLIARI			
	MEDDA MATTEO	2010	M	ASS	A.S.D. WATER LIFE S.C. CAGLIARI			
	ENA ELEONORA	2010	F	ASS	A.S.D. WATER LIFE S.C. CAGLIARI			