



# CMAS

CONFÉDÉRATION MONDIALE  
DES ACTIVITÉS SUBAQUATIQUES

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WORLD UNDERWATER FEDERATION

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## EUROPEAN CMAS MASTER'S FINSWIMMING CHAMPIONSHIPS

Version 2020  
(BoD210–05/09/2020)

## 1. General Principles of CMAS Master's Finswimming Championships

- 1.1. The CMAS General Rules and CMAS Finswimming Rules will be applied.
- 1.2. The participants shall register only individually or as persons representing clubs. **No swimmer or team may be designated as representing a country**, but a label of Federal Team is authorized.
- 1.3. Since federal or club teams are not national ones, a club or a federation can present more than one relay teams in each age group.
- 1.4. Masters Competitors must be aware of the need of being well prepared and medically fit before entering master's Competitions. They shall assume full responsibility for the risks included in competing in such competitions. In consideration of their entry, they must agree to waive and release CMAS, the Organising National Federation and the Organising Committee from any kind of liability for accidents, which may cause death, injury or property loss. Entry Forms containing a warning of the risks, an Accident Waiver and Release of Liability must be signed by each master's competitor.
- 1.5. Anti-doping test may be conducted during the championship according to the international rules of WADA and the CMAS antidoping code
- 1.6. Athletes belong to master only if during the current season:
  - ✓ Haven't participated in national championship (senior category).
  - ✓ Have classified only in competitions with master category.
  - ✓ Have not taken part in world's cup competitions (senior category)
- 1.7. It exists two different kind of championships for Master's:
  - ✓ Swimming-pool Championships
  - ✓ Open Water Championships

## 2. Age groups and events

- 2.1. The CMAS Master's Finswimming Championships will include the master's age group according CMAS rules as following:
  - Men & Women:
  - Individuals:
    - ✓ M1:30-34 years
    - ✓ M2:35-39 years
    - ✓ M3:40-44 years
    - ✓ M4:45-49 years
    - ✓ M5:50-54 years
    - ✓ M6:55-59 years
    - ✓ M7:60-64 years
    - ✓ M8:65-70 years
    - ✓ M9:70-74 years
    - ✓ M10:75-79 years and so on in intervals of 5 years
  - Constitution of relays  
The relay teams can be club (i.e. composed by athletes belonging to the same club) or federal teams (i.e. composed by athletes belonging to the same national federation).
    - **SF and BF relays:**
      - A team of relay can be mixed, male and female. In this case, it will be classified in men's category
      - Women's teams are composed only of females.
    - **Mixed relays:** The team is necessarily composed of two women athletes and two men athletes. The starting order is free and is decided by the team leader.
    - **Multi relays:** The team is composed of two women, one in Bi-Fins (certified Bi-Fins) and one in Monofin or not certified Bi-Fins and two men in same configuration. The starting order will be man BF - woman BF – woman SF – men SF.

Note: Please, check point 1.2 - 1.3 - 3.2 - 4.2 - 7.4 concerning specific modalities of relays' registration.

- **Category:** The category is calculated from the sum of ages of all members of the team according the table below.

	Sum of age (from –to)	
<b>R1</b>	<b>140</b>	<b>179</b>
<b>R2</b>	<b>180</b>	<b>219</b>
<b>R3</b>	<b>220</b>	<b>259</b>
<b>R4</b>	<b>260</b>	<b>+</b>

**3. Swimming pool Championships**

- 3.1. The CMAS Master’s Finswimming Championships will include the following events:
- Individuals: 50 AP, 50 BF, 50 SF, 100 BF, 100 SF, 200 BF, 200 SF, 400 SF, 400 BF, 800 SF
  - Relays: 4x100 SF, relay 4x50 BF Mixed, Relay 4x100 Multi.

3.2. Number of enrolments is free for individual races and in relays for each participant.

3.3. Program

A CMAS Master’s Finswimming swimming pool Championships should be staged at one venue over two day and four sessions, following the program below:

- Daily program

Day 1		Day 2	
1 <sup>st</sup> session	50 SF (W&M) 100 BF (W&M) 400 SF (W&M)	3 <sup>rd</sup> session	50 AP (W&M) 400 BF (W&M) 200 SF (W&M) 4x50 BF (Mixed)
2 <sup>nd</sup> session	800 SF (W&M) 50 BF (W&M) 4x100 SF (W&M)	4 <sup>th</sup> session	100 SF (W&M) 200 BF (W&M) 4x100 Multi

3.4. Records

Masters World Records for all events listed for both sexes and for each age group shall be recognised according to the CMAS rules.

- The Masters World Records must respect the related point in Finswimming rules regarding doping rules

**4. Open Water Championships**

4.1. The CMAS Master’s Finswimming Championships will include the following events:

- Individuals: 1Km BF, 1Km SF, 3Km BF, 4Km SF.
- Relays: 4x1Km SF mixed, 4x1Km BF mixed,

4.2. Number of enrolments is free for individual races and in relays for each participant.

4.3. Program

- A CMAS Master’s Finswimming Championships should be staged at one venue and three sessions, following the program below:
- Daily program

	Morning Session	Afternoon Session
1. Day	Arrival and Training Day	
2. Day	Technical Meetings and Training	Session 1 <ul style="list-style-type: none"> <li>• 1km Bi-Fins Women</li> <li>• 1km Bi-Fins Men</li> <li>• 1km SF Men</li> <li>• 1km SF Women</li> </ul>
3. Day		Session 2 <ul style="list-style-type: none"> <li>• 3km Bi-Fins Men</li> <li>• 3km Bi-Fins Women</li> <li>• 4x1km Mixed Relay SF</li> </ul>
		Session 3 <ul style="list-style-type: none"> <li>• 4km SF Men</li> <li>• 4km SF Women</li> <li>• 4x1km Mixed Relay Bi-Fins</li> </ul>
4. Day	Departure Day	

**5. Classification for CMAS Championships**

- 5.1. If a competitor is registered as individual without a club affiliation, the field “club” in result will be empty
- 5.2. There will be individuals’ classification for each event, each masters’ age group and for both sexes.

**6. Awards and configuration of awarding ceremonies**

- 6.1. The medals are provided by CMAS.
- 6.2. There will be award ceremonies for each event, each masters’ age group and for both sexes.

- Gold, silver and bronze medals for each distance, for each master's age group, men and women.
- Gold, silver and bronze medals for each relay, for each master's age group, men and women.

## 7. Entry to Master's CMAS Finswimming Championships

- 7.1. The registration is only on internet through the website <https://www.sportdata.org/cmas> following the registration process specified in the particular rules of the Championships.
- 7.2. To enter and participate, each competitor must:
  - To enter and participate, each competitor must provide a medical certificate signed by a doctor authorizing the practice of sport "finswimming in competition" less than a year old on the day of the competition, certified and countersigned by the competitor (a template is downloadable in the registration system) or upload recto/verso his national licence if the National Federation is in the list of authorized Federation (photo or scan).
  - Accept data policies in the registration system.
  - Certify to benefit from an insurance contract covering the risks of participation in the competition or upload recto/verso his national licence if the National Federation is in the list of authorized Federation (photo or scan).
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- 7.3. The competitor can participate for only one club during the year.
- 7.4. The closing of entries will be done in 2 times. The first date will concern individual or club's registration and a second will concern Federal relays to give the possibility to Federal Teams to collect athletes and register additional relays.
- 7.5. For late registration, a penalty will be applied accordance amount decided by BOD.
- 7.6. Withdrawals may be announced at the latest during technical meeting on the day before the beginning of championships. A 50,00 Euro fee will be paid to the organizer for a swimmer who declares withdrawal after this time.

## 8. Entry Fees for participation

- 8.1. The CMAS fees to be paid by each competitor in order to participate in the Masters' Finswimming Championships, are fixed annually by the CMAS and will appear in the specific rules.
- 8.2. Entry organizing fees (to organizing committee)
  - The entry organizing fees are by club, by event and by relay.
  - The different amounts are voted by BOD.
  - If the organizing committee proposes accommodation, no additional fees can be charged to participants if they book another accommodation.

## 9. CMAS rights

- 9.1. Competitions are organised under the exclusive control of CMAS and all rights are and will be property of CMAS.

## 10. Results

- 10.1. The Organizer must:
  - Give one copy of the results to every team (paper or electronic format).
  - Send one copy of the results to the CMAS HQ (electronic format).

## 11. Protest

- 11.1. CMAS Rules will be applied